

Sex Education

BISD uses the Scott and White abstinence curriculum, Wellness and Sexual Health, for grades 5 through high school. The curriculum is based upon medical and legal facts regarding teen sexual activity and provides factual, age-appropriate information that helps students understand that abstinence is the expected standard for teens.

In addition to the curriculum, program components include: teacher training conferences, district-wide training seminars, healthcare professional seminars, community involvement, and research.

Overview:

6TH Grade

Provides an introduction to puberty, teen pregnancy and STDs. Students also learn proactive life skills and goal setting.

7th Grade

Curriculum is more detailed, specifically regarding STDs and legal matters. Students learn refusal skills through role playing.

8th Grade

Detailed information is given on STDs, teen pregnancy, and the laws concerning teens and sex. Role playing is used to help students learn about peer pressure, goal setting and setting limits.

High School

Comprehensive lesson plans for older students, including an important section on healthy relationships.